

Lap Belt

for improved pelvic stability. Helps child not slide forward out of chair. Can use a scarf or stretchy fabric tied or sewn to fit.

Seat Cushion

to raise seated position and provide trunk support. Can use a pillow or foam cushion.

Seat Pommel

for proper hip and leg alignment. Helps child not slide forward out of seat. Can be created with foam and tape.

Cushion behind back

for improved upper body support. Can use a pillow or foam cushion.

Adjustable Arm Rests

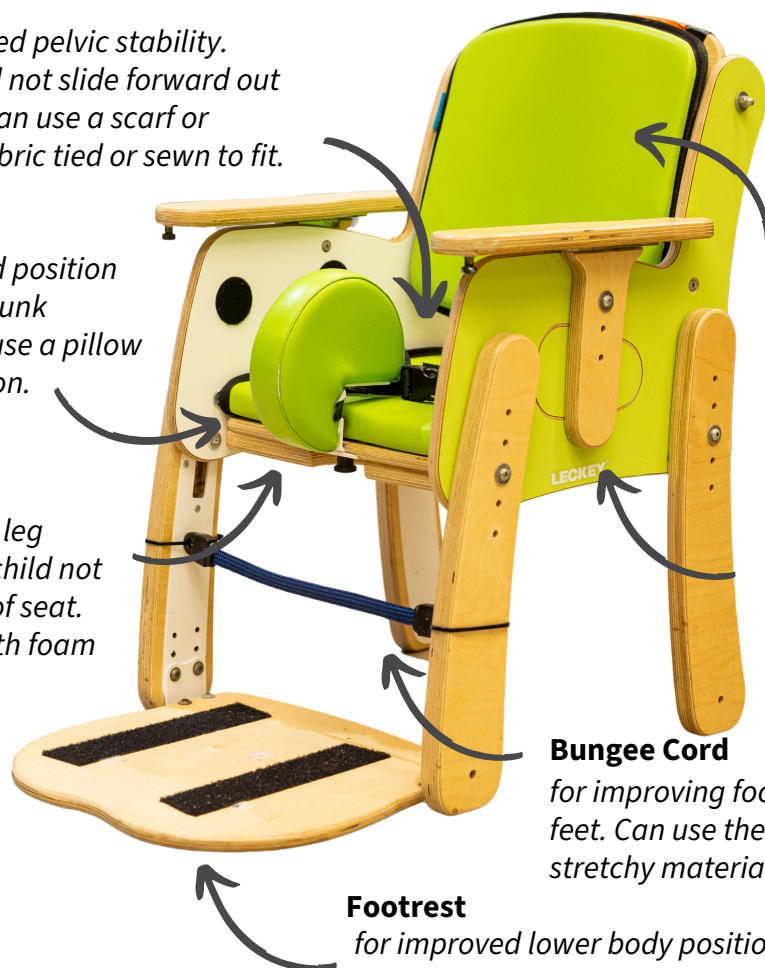
place elbows at 90° angle for improved upper body support.

Bungee Cord

for improving focus for kicking feet. Can use therapy band, stretchy material, or old t-shirt.

Footrest

for improved lower body positioning and stability. Can use books, stools, wood scraps, and more.



Adjustable Activity Chairs

- Promotes appropriate posture
- Multiple configurations and seat cushion can be used to fit any child's needs



Therapeutic Floor Seats

- Large versions exist for children up to 70lbs
- Not to be used without supervision or for extended periods of time.

Children benefit from moving, and flexible seating lets them wiggle, rock, bounce, or stand. This movement boosts oxygen to the brain, improves blood flow, and strengthens their core. It keeps young minds alert and focused. When students are able to move and feel comfortable, they stay focused and on task.

Movement Ideas



Inflatable sensory cushion in seat for wiggling body.



Therapy band with or without foam pool noodle for bouncing and moving feet.

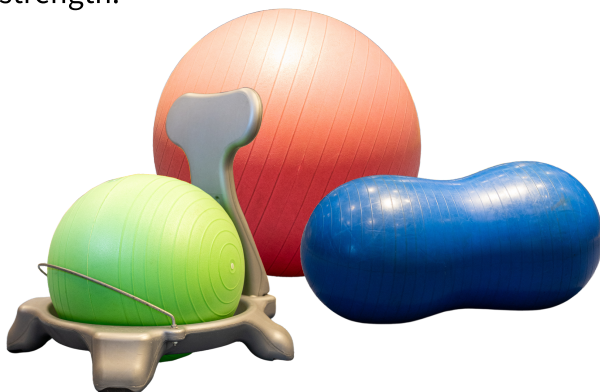


Partially inflated beach ball in seat for wiggling body.



Balance board below feet for added feet motion.

Exercise ball, peanut ball, or balance ball chair for added movement and promoting core strength.



Other Movement Ideas

- *Rocking Chairs*
- *Floor Pillows*
- *Tall kneeling at a low table, low desk, or activity adhered to the wall*
- *Standing at a tall desk, table, or podium*